

**INTERNATIONAL MULTIDISCIPLINARY WORKSHOP**

# **CARE LAB 2: A Rurban Experience**

**Exploring Innovative Approaches in Sustainable Living**



**COORDINATORS:**

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**PARTNERS:**

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**From 17th to 21st March 2025**

**Online**







## What does living sustainably mean nowadays in a “rurban” context?

And can we really live sustainably in 2025, and how?

Join this workshop on Sustainable Living!

Experience a 5-day cross-cultural journey where you, together with peers from Belgium, Brazil, Greece and Poland, will reflect on the future and the challenges of sustainable housing and community living.

Key themes include:

-  Living Sustainably
-  Cohousing in Rural Areas
-  Permaculture Ethics and Practices
-  Creating Healthy Living Environments

Participants will reimagine and revitalize a traditional farmhouse based in the Belgian countryside called the “Pays des Collines”.

**Be part of a workshop where process matters as much as the outcome.**

This workshop is open to everyone, and students from all disciplines are welcome to participate.

Interested in joining? Contact the people at your respective university:

- **UFCSPA (BR):** Claudia Libanio [claudiasl@ufcspa.edu.br](mailto:claudiasl@ufcspa.edu.br)
- **UMONS (BE):** Chaima Seddiki [chaima.seddiki@umons.ac.be](mailto:chaima.seddiki@umons.ac.be) and Julie Walaszczyk [julie.walaszczyk@umons.ac.be](mailto:julie.walaszczyk@umons.ac.be)
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## **INTENDED LEARNING OUTCOMES**

By the end of the workshop, you will be able to:

### **Competency 1 (Communication skills)**

Actively collaborate across disciplines using English as a lingua franca and co-construct knowledge in a virtual and multicultural environment.

- communicate with peers and share insights on the topic at hand;
- express ideas and concepts in a clear and effective manner;
- negotiate meaning and ideas;
- share perspectives and justify choices;
- design a visual representation of the group's ideas;
- present the process of co-construction and final outcomes.

### **Competency 2 (Critical thinking skills)**

Develop a set of academic skills that will enhance deeper understanding of the topic and adopt a reflective approach.

- analyse, interpret and discuss data and resources put at one's disposal;
- apply integrated knowledge to address problems;
- explore ideas through mindmapping or other conceptual tools and design, "sustainable housing and living" proposals or scenarios.

# PROGRAMME

## **10-14 March 2025 *Breaking the Ice***

Asynchronous, pre-workshop activity during which participants and the teaching team are invited to introduce themselves. Participants will receive practical information about the workshop.

## **17 March 2025 2-4 pm CEST time *Kick-Off***

Official opening: workshop objectives and group work.

## **18 March 2025 2-4 pm CEST time *"From Village to City: Rethinking Co-housing in the Rurban Era"***

## **19 March 2025 2-4 pm CEST time *"Rethinking Rural: Social, Cultural & Ecological Perspectives through Permaculture"***

## **20 March 2025 2-4 pm CEST time *"The Power of Place: Emotion and Care in Co-housing Design"***

## **21 March 2025 2-6 pm CEST time *"Behind the Scenes: The Evolution of a Concept in 5 Days"***

Closing ceremony: students as experts. Presentation of the conceptual process from day 1 to day 5 & group exchange.